



Ministero degli Affari Esteri  
e della Cooperazione Internazionale



República de Moçambique  
Ministério da Saúde

# IN.FOR.MO: Strengthening Mozambique's Health System



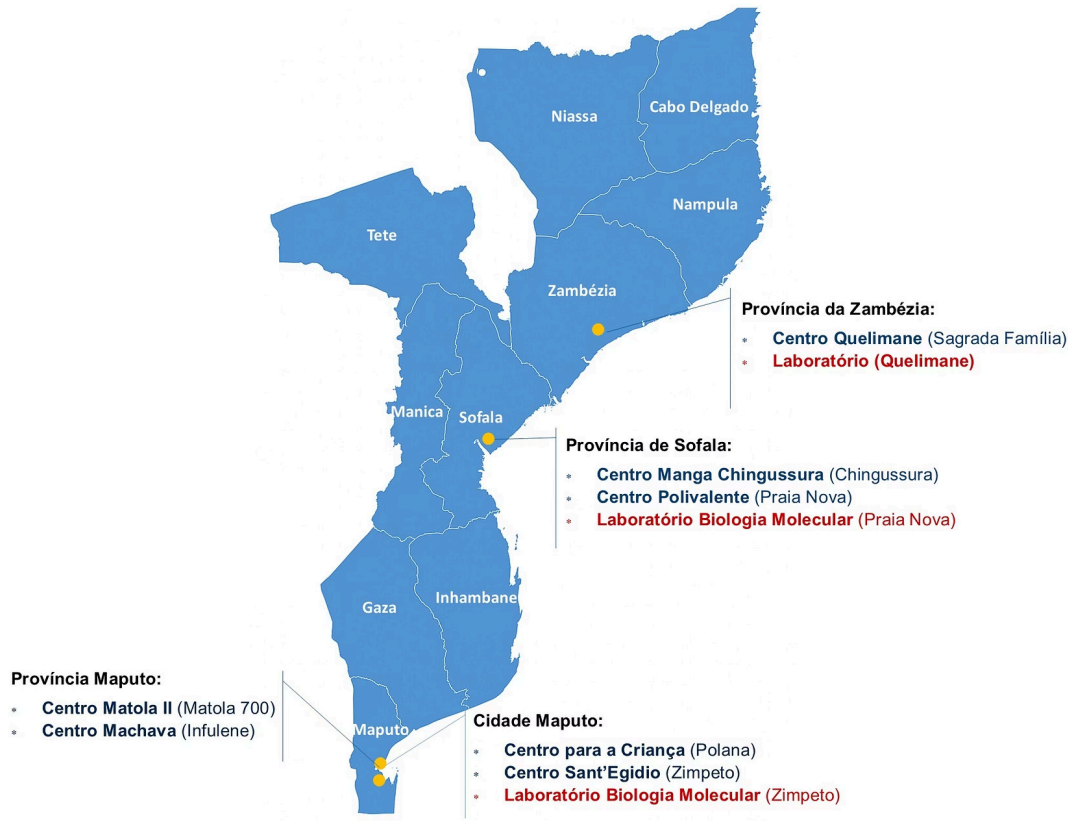


## A long history of collaboration

Today's launch builds on a long history of collaboration between the Community of Sant'Egidio and the Government of Mozambique through the DREAM program.

This partnership began in 2002 with the goal of strengthening the national health system, particularly in response to the HIV/AIDS epidemic.

# DREAM in Mozambique



- 215,000 patients assisted
- of which 134,000 people living with HIV
- 34,000 children born HIV free from positive mothers
- 1,700,000 laboratory sample processed





# A Comprehensive Approach



## High-Quality Clinical Services

Delivering care through dedicated health centers.



## Data Generation

Producing scientific evidence to inform healthcare decisions.



## Innovative Care Models

Developing effective and replicable approaches to healthcare.



## System Reinforcement

Empowering healthcare workers to serve the most vulnerable.



# The DREAM Laboratories Success Story



## Molecular Biology Laboratories

Once deemed impossible, a reality in Mozambique since 2003.



## Expansion & Integration

Labs maintained and integrated into national health infrastructure.



## Core HIV Response

Now essential for diagnostics, viral load testing, and monitoring.



## Empowerment Philosophy

Strengthening systems to serve the most vulnerable.



# Academic Partnership

## University of Rome Tor Vergata

Made global health central to academic mission.

Implemented over ten AICS-funded projects.

Focused on training healthcare professionals.



## Community of Sant'Egidio

Key partner in global health initiatives.

Collaboration across several African countries.

Shared commitment to vulnerable populations.



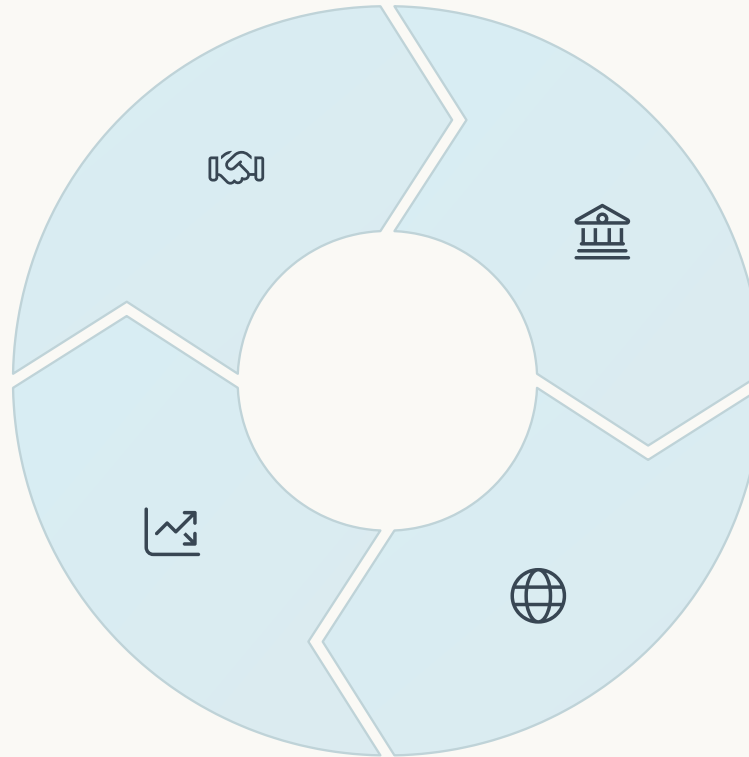
# Local Partnerships

## DREAM Associação

Ensures local ownership of health initiatives.

## Long-term Impact

Building sustainable health solutions together.



## Eduardo Mondlane University

Facilitates mutual knowledge exchange.

## Contextual Adaptation

Programs tailored to local needs and resources.

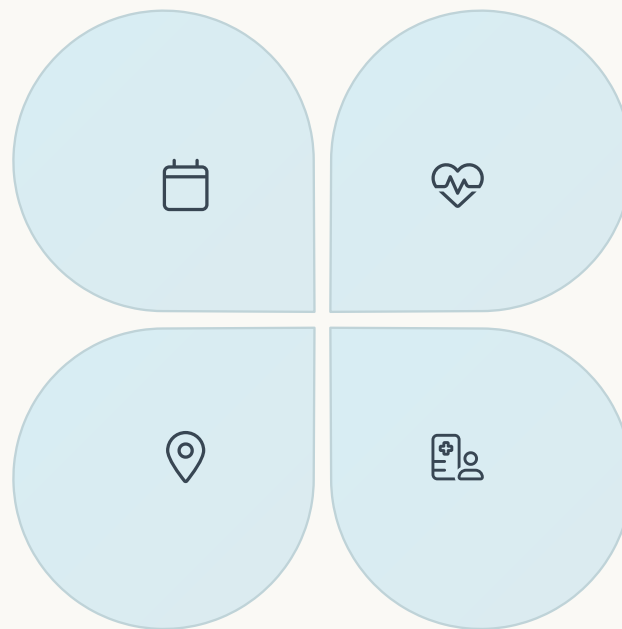
# The IN.FOR.MO Project Overview

## Three-Year Initiative

Designed to strengthen Mozambique's health system.

## Five Urban and Peri-urban Districts

1. Maputo City,
2. Maputo Province,
3. Sofala
4. Zambezia.



## Four Key Health Priorities

1. HIV,
2. cervical cancer,
3. hypertension, and
4. diabetes.

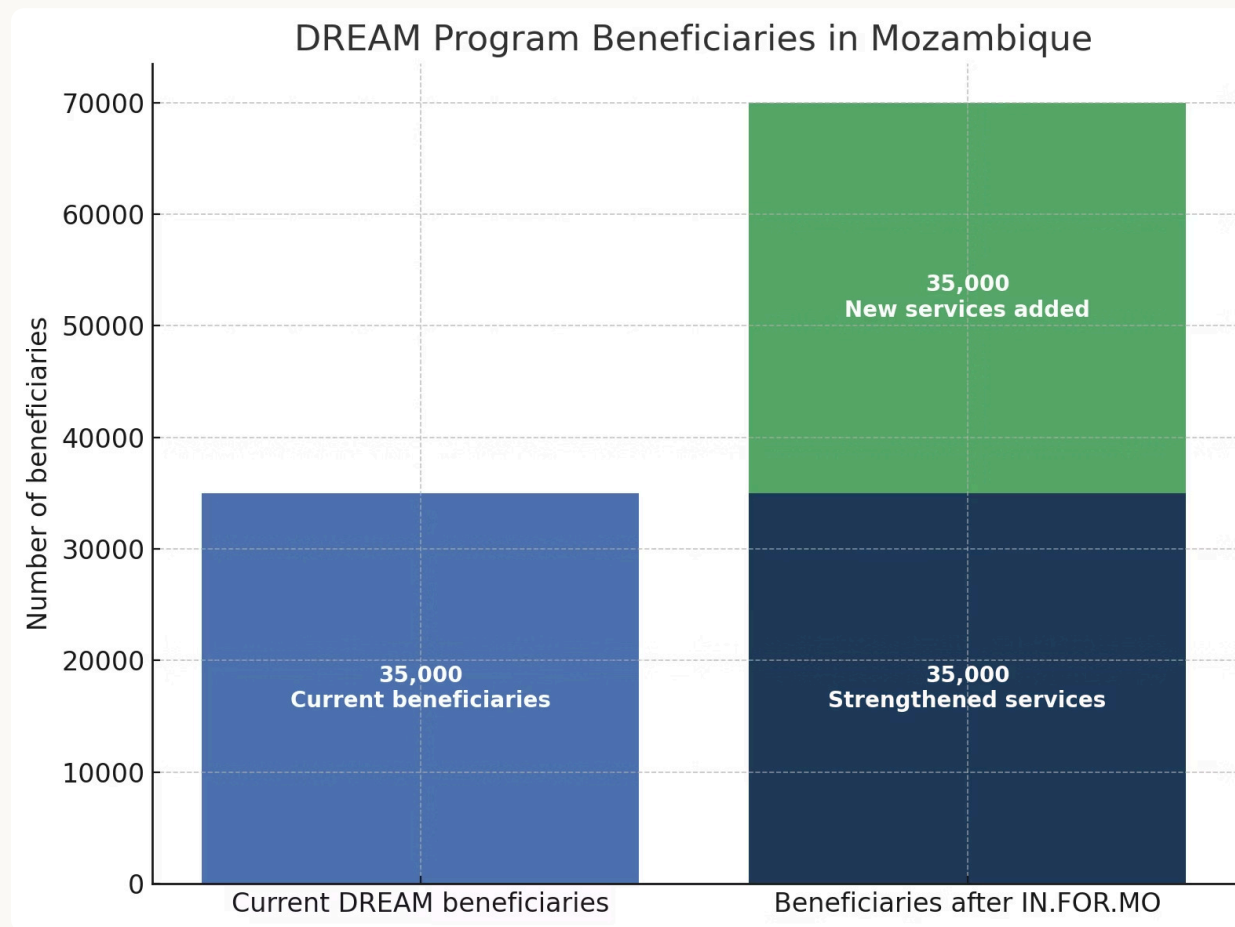
## Seven Health Centers

Serving as important community reference points.

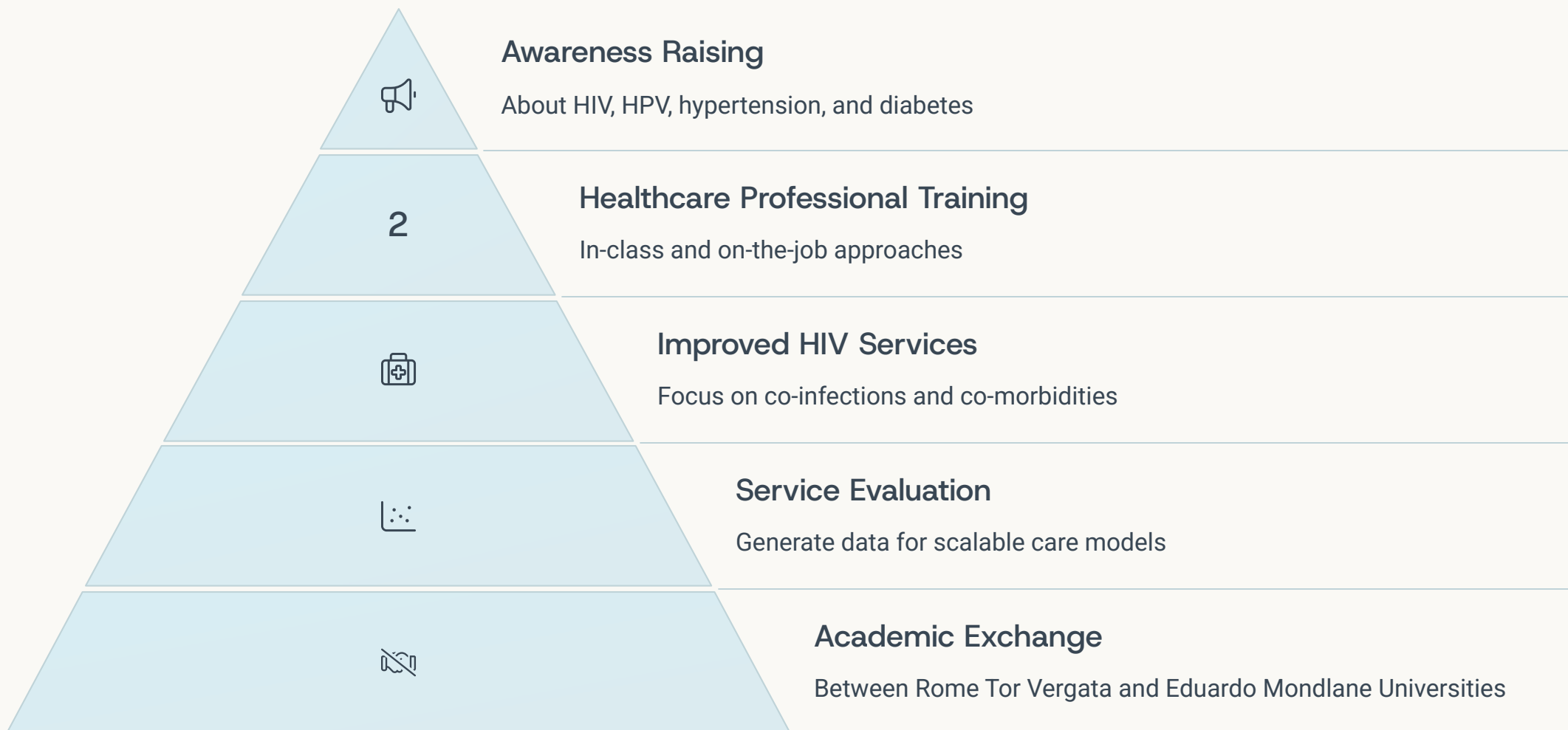




# Direct Beneficiaries



# Project Objectives



# Dual Intervention Approach

## Health Services Level

Ensuring access to quality care with focus on equity.

Maintaining continuity of treatment for chronic conditions.

Integrating services for multiple health conditions.

## Policy Level

Generating anonymized health data to inform strategies.

Supporting evidence-based public health planning.

Contributing to stronger national health systems.

## Expected Impact

Immediate improvements in five target districts.

Long-term strengthening of Mozambique's health system.

Creating models for replication nationwide.





# Project Components

1

## Result 1: Awareness & Prevention

- Research and awareness campaigns
- Community health worker training
- Stakeholder engagement

2

## Result 2: HIV Care

- Strengthened clinical services
- Advanced HIV care protocols
- Continuous professional training

3

## Result 3: NCD Management

- Hypertension and diabetes screening
- Specialist training in cardiology and diabetology
- Operational research on service models

# The HIV Challenge in Mozambique

1

## High Prevalence:

Adult HIV rate stands at 12.5%, making Mozambique one of the most affected countries globally

2

## Vulnerable Youth:

Adolescent girls and young women face disproportionate risk

3

## Alarming Statistics:

This demographic represents only 10% of population but accounts for 30% of new infections

4

## Critical Focus:

IN.FOR.MO targets these vulnerable populations through specialized interventions and services





# The Growing Burden of NCDs



## Hypertension Crisis

Affects one in three Mozambicans. Major risk factor for stroke, which claims 2-3 lives daily in Maputo City.



## Diabetes Challenge

4.6% prevalence among adults. Only 46% of Africans with diabetes know their condition.



## Low Awareness

Many individuals neither screened nor treated in time. Creates a "double burden" alongside infectious diseases.

# Thank You for Your Support

The IN.FOR.MO initiative represents a transformative approach to healthcare in Mozambique.



## New Integrated Services

Combining HIV care with NCD management across five target districts.



## Expanded Reach

Doubling beneficiaries with focus on adolescent girls and young women.



## Sustainable Impact

Building local capacity and generating evidence for nationwide replication.

